

11/7 Monday(11/28)

## Learning to Climb Trees Like a Monkey

What does your gym teacher teach you? How to jump? How to run?

But, does your gym teacher teach you how to climb trees like a monkey?  
你們的體育老師會教你像猴子一樣爬樹嗎？

Maybe this idea sounds silly to you, but there are people in a city in Spain who go to a monkey tree-climbing class!  
你也許覺得這個很傻，但是在西班牙一個城市，有人跑去上猴子爬樹課！

The teacher shows the students how to climb trees like monkeys!

People and monkeys are part of the same animal family, but we are not monkeys, we are a kind of ape.

And the human ape is not very good at climbing trees.

But monkeys and other apes are very good at climbing trees.  
人類跟猴子是同一個動物家族，但我們是人猿，不太會爬樹。其他猿跟猴子很會爬樹。

The teacher in Spain says people can learn to climb trees like monkeys, but we have to learn to move and climb in a new way.  
那個老師說，我們可以跟猴子一樣學會爬樹，但是要學習新的移動方式跟爬樹。

This climb-like-a-monkey teacher is now famous!

People call him "Tarzan." 這個老師現在變得很有名，大家叫他「泰山」！

That's a good name for him, right? Tarzan, the teacher who helps you learn to be a monkey!

But of course, climbing trees can be dangerous. Don't try to climb a tree unless your mommy or daddy says it's OK.

Falling out of a tree would hurt! Ouch!  
爬樹很危險，如果掉下來會很痛喔！

Umm... Maybe I'll just go hiking instead ...

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### Vocabulary

人類不擅長爬樹，猴子在這方面可高明多了。

1. climb 攀爬。

Would you like to learn how to climb trees? 你想學怎麼爬樹嗎？

Why do I want to learn that? 為什麼我要學？

Maybe you want to pick mangoes someday. 也許你有一天會想摘芒果。

2. famous 著名的。

Taiwan is famous for its mangoes, you know. 台灣的芒果很有名喔。

I know, but I won't climb trees for a famous fruit.

我知道，但是我可不會為了有名的水果去爬樹。

3. silly 笨笨的。

It's a silly idea. 那是個笨主意。

No, mango is not silly. 芒果並不笨。

4. teach 教導。

I can teach you how to make mango pudding. 我可以教你怎麼做芒果布丁。

You'll teach me that? 你會教我嘞?

Hurray! I love mango pudding! 太棒了，我喜歡芒果布丁。

Let's read today's vocabulary.

climb 攀爬

famous 有名的

silly 笨笨的

teach 教導

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## Quiz

1. Where are people learning to climb trees like monkeys?

A: Kaohsiung

B: South Africa

C: Spain

2. Are people monkeys?

A: No, we are fish!

B: No, we are a kind of ape!

C: No, we are trees!

3. What do people call the climb-like-a-monkey teacher?

A: Tarzan

B: Zoltan

C: He-Man

**11/8 Tuesday(11/29)**  
**The ATM on Top of a Mountain**

Hi students, have you seen your mommy or daddy use an ATM?

You put your bank card inside, then type in your code. Then, you can get money from the machine!

你有看過爸爸媽媽用提款機嗎？把卡片插進去，再打密碼，就可以把錢領出來！

ATMs are very convenient, and it's super easy to find an ATM in Taiwan.

But I can think of some places in Taiwan where you probably can't find an ATM  
... like, on top of a mountain!

I don't think you can find an ATM on Yushan or Alishan or Hehuanshan...  
台灣到處都有提款機，但是山裡面應該沒有吧！

But in Pakistan, there is an ATM on top of a mountain! It's the world's highest ATM!

This ATM in Pakistan is more than 4,500 meters up...up, up on the top of a mountain!

4,500 meters is higher than Yushan or Alishan...it's higher than any mountain in Taiwan.

可是在巴基斯坦的一座山上，有世界最高的提款機，它位在超過 4500 公尺高的地方！比台灣的所有山都還要高！

But, why do you need an ATM at the top of a mountain? To get money to buy some snow or some rocks? (laughs)

Actually, that ATM is for Pakistan's soldiers.  
這種地方要提款機做甚麼呢？原來是給阿兵哥用的。

One side of the mountain is in Pakistan and the other side of the mountain is in China.

這座山一邊屬於巴基斯坦，一邊是中國的。

The soldiers from Pakistan have to stay on the mountain, so the ATM is for them to get paid for their job.

山上的阿兵哥，就用這台提款機領薪水。

The soldiers need an easy way to get paid, so they have an ATM way up on the top of a mountain! Cool!

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### Vocabulary

高山上的存提款機，領了錢要用在哪裡？

1. high 高的，higher 比較高的，highest 最高的。

How high is He-huan-shan? 合歡山有多高？

I think it's around 3,420 meters high. 我想大約是 3,420 公尺。

That's much higher than A-li-shan. 那比阿里山高很多。

But of course, Jade Mountain is the highest. 不過當然玉山是最高的。

2. bank card 銀行卡。

Do you have a bank card on you? 你身上有銀行卡嗎?

Yes, I do. Why? 有啊，為什麼?

I need to get some money. 我需要領一些錢。

You can use your bank card. 你可以用你的銀行卡。

But there's no money in my bank account. 可是我的銀行帳戶裡沒有錢。

That's okay. There's no ATM here either. 沒關係，這裡也沒有提款機。

今天的單字非常簡單。

high 高的

higher 比較高的

highest 最高的

bank card 銀行卡

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### Quiz

1. Where is the ATM in this story?

A: On a mountain in Pakistan

B: On a beach in China

C: On a hill in Taichung

2. What can you get from an ATM?

A: Soldiers

B: Money

C: Goats

3. How tall is the mountain in Pakistan?

A: More than 4,500 meters

B: Less than 4,500 meters

C: Nearly 4,500 meters

## 11/9 Wednesday(11/30) Boy Sleeps in Tent for Over a Year

Hi students, do you like camping? I like camping. You can hear the sounds of nature. Sleeping outside in a tent can be fun.

你們喜歡露營嗎？露營很有趣，你可以聽到大自然的聲音。

But how long do people usually sleep in a tent? Maybe a night or two, or a week, right? How about a year?

通常你會在帳棚裡面睡一兩個晚上或是一個禮拜，但在帳篷裡面睡一年會是甚麼感覺呢？

Well, one kid named Ashley did that. Yep, he slept in a tent every night for more than a year! Is he crazy? No, he did it to help dogs.

有一個叫做 Ashley 的小朋友就這樣做，只為了幫助狗狗。

I know what you are thinking: "How can sleeping in a tent for over a year help dogs?"

People give money to Ashley to sleep in the tent. They give Ashley the money because Ashley will use the money to help dogs. Ashley will give the money to a charity. This charity helps dogs.

大家捐錢給 Ashley，然後 Ashley 再捐給幫助狗狗的慈善機構。

Ashley wants to raise more than \$1 million NT.

他希望可以募到一百萬新台幣。

So where does Ashley sleep? He sleeps in a tent in his backyard in England!

He says he likes it more than sleeping in his bed!

Ashley 睡在家裡後院的帳篷裡面。他說比起睡床上，他比較喜歡睡帳篷。

Sometimes he gets very cold. But his pet dog named Bertie helps keep him warm. Good dog, Bertie!

有時候會很冷，但是他的狗狗 Bertie 幫助他保暖。

Good luck Ashley! I hope you raise a lot of money for those dogs.

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### Vocabulary

露營最大的樂趣之一，就是睡在帳篷裡。

1. tent 帳篷。

So we're going to sleep here tonight? 所以我們今晚要睡在這裡？

Yeah, under the stars, in a tent. 是的，在星空之下，帳篷裏面。

I don't know if I can fall asleep. 我不知道能不能睡著。

2. nature 自然。

Sure you can. 當然可以。

You'll hear the sounds of nature. 你會聽到大自然的聲音。

Like birds chirping, crickets singing... 比如說鳥叫聲，蟋蟀唱歌...

3. backyard 後院。

There are no birds or crickets here. 這裡沒有鳥兒或是蟋蟀。

This is my backyard, remember? 這是我家後院，記得吧？

4. camp 露營。

Still, it's camping. 這仍然是露營。

Camping means not sleeping at home. 露營意思就是不睡在家裡。

你今天學到哪些單字？

tent 帳篷

nature 自然

backyard 後院

camp 露營

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### Quiz

1. Why did Ashley sleep in a tent for over a year?

A: He doesn't like sleeping in a house.

B: He wants to play with his dog.

C: He wants to get money to help dogs.

2. What will Ashley do with the money?

A: Put it in the bank

B: Give it to a charity

C: Buy a bigger tent

3. Who or what is Bertie?

A: Ashley's pet dog

B: Ashley's school friend

C: A charity that helps dogs

**11/10 Thursday(1201)**  
**First Fully Biodegradable Shoe**

Ahhh, the beach is so nice.

The sun, the ocean, the shoes....what?? Shoes?

Why are there shoes floating in the water?

海裡怎麼會有鞋子飄著呢？

How can they be floating in the ocean for so long, and still look almost new??!

鞋子為甚麼能在海上漂這麼久，看起來還這麼新？

It's because they are not biodegradable!

"Biodegradable" means something that turns back into nature after time.

因為它不能被生物分解！生物分解就是東西會隨著時間回歸大自然。

So, wood is biodegradable, many clothes are biodegradable, and even some kinds of metal are biodegradable.

木頭是會被分解的，有一些衣服也是，甚至有一些金屬也會被分解的。

Things that are not biodegradable can take hundreds and hundreds of years to break down into tiny pieces, and that's bad for the earth!

過了好幾百年都不會被分解的東西，對環境不好！

But now you can buy a new kind of shoe that is 100% biodegradable!

When you throw them away, they become part of the earth again in just one year!

但現在你能買得到百分百可以被生物分解的鞋子，他們被丟掉後，一年就會被分解！

We all need to think about what we buy and ask "Is this biodegradable?"

Ok, let me get those shoes out of the ocean.

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### Vocabulary

可以生物分解的鞋子，能減少垃圾量。

1. shoes 鞋子。

I need a pair of sports shoes. 我需要一雙運動鞋。

There's this shoe store that sells biodegradable shoes.

有一家鞋店賣可以生物分解的鞋子。

2. break down 分解。

I've heard about them. 我有聽說過。

But they break down easily, right? 但是它們很容易分解，對嗎？

Yeah, they usually break down in a year. 對，通常一年之內就會分解

3. throw away 扔掉。

You can then just throw them away. 然後你就可以把它扔掉。

But I don't want that to happen when I'm climbing mountains.

但是我可不想在爬山時發生那種事。

4. earth 地球。

Well, look at the bright side. 要看好的一面。

Your shoes will become part of the earth again. 你的鞋子又變回地球的一部份了。

你今天學到哪些英文單字？

shoes 鞋子

break down 分解

throw away 扔掉

earth 地球

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## Quiz

1. What is "biodegradable"?

A: Something that becomes part of nature

B: Something that lives for 400 years

C: Something for dogs

2. What can you buy now?

A: 100% biodegradable shoes!

B: Shoes for fish!

C: 100% plastic shoes!

3. When do biodegradable shoes go back to nature?

A: In one year

B: In 500 years

C: In ten years



**11/11 Friday(1202)**  
**Man Finds Mom's Ring Fifty Years Later**

A ring is a special gift.

You can wear it on your hand, where you will always see it.

Then, you will always remember the person who gave it to you.

You will know that they care about you.

看著戴在手上的戒指，你永遠都會記得是誰送你的。

How would you feel if you lost your ring? You would be sad.

但如果戒指不見了呢？應該很難過吧！

That's how Dave felt when he lost his ring. Dave lives in England. Fifty years ago, his mom gave him a gold ring for his birthday.

住在英國的 Dave 就搞丟了戒指，那是他媽媽 50 年前送他的生日禮物。

At the time, the ring was too big for him, but he still loved to wear it.

那時候戒指太大了，但他還是很喜歡戴著。

Dave wore it as he worked on his friend's farm. One day, he was picking strawberries. He saw the ring was gone from his hand! He looked everywhere, but he could not find it.

有一天，在摘草莓的時候，戒指不見了！他到處都找不到。

The ring was lost for many years.

這個戒指不見了好多年。

A few weeks ago, Dave's friend called him with good news.

He had found Dave's gold ring!

The ring had been on the ground the whole time.

幾個禮拜前，Dave 的朋友打電話跟他說，戒指找到了！其實，戒指一直都在農場的地上。

What's more, the ring now fit Dave's finger.

現在戒指很合他的手指！

Fifty years later, he still remembers his mom and her special gift.

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### Vocabulary

遺失多年的戒指，居然再度出現！

1. wear 穿戴。

That's a beautiful ring you're wearing! 你戴的戒指好漂亮！

Thank you! It's a gift from my boyfriend. 謝謝，這是我男朋友送我的禮物。

I gave him a ring, too. 我也有送他戒指。

2. remember 記得。

Does this mean you're engaged? 這表示你們訂婚了嗎?

No, we just want to remember each other. 不，我們只是想記得對方。

3. lose 失去。

I'd better not lose it. 我最好別把它搞丟。

Because if you lose it, it means you'll forget him?

如果你搞丟了，表示你會忘了他嗎?

No, I won't forget him. 不會，我不會忘記他。

4. everywhere 到處。

I'll look everywhere for the ring. 我會到處找那個戒指。

And I'm sure I'll find it. 一定會找到的。

Or someone will find it for you. 別人也有可能替你找到。

我們一起讀單字。

wear 穿戴

remember 記得

lose 失去

everywhere 到處

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## Quiz

1. Who gave Dave his ring?

A: His wife

B: His dad

C: His mom

2. Where did Dave lose his ring?

A: In the sea

B: On a farm

C: At a shop

3. What was Dave's ring made of?

A: Gold

B: Silver

C: Strawberries

**11/14 Monday(1205)**  
**Kind Boy Gives Food to Others**

It's World Kindness Day today!

Happy World Kindness Day everyone!

Yes, there is a day that celebrates being kind.

It's important to be kind to others.

今天是世界慈善日！對別人友善很重要。

I want to tell you about a very kind boy. His name is Isaac Winfield, and he lives in England.

Isaac has a nice life in England.

But he worries about people who don't have much money.

Some families don't have enough money to buy food.

英國有一個小男孩叫做 Isaac Winfield，他擔心沒有足夠的錢可以買食物的家庭。

These people need to use a food bank.

這些人會用食物銀行。

People don't put money in a food bank.

人們不會在食物銀行存錢。

A food bank gives food to people who don't have much money.

食物銀行送食物給沒有錢的人。

Isaac wanted to do something to help poor people.

So, he started a food bank at his family's home.

He gets food from other nice people.

These kind people donate food to Isaac.

Isaac then gives this food to people who need it.

Isaac 成立了一個食物銀行，很多好心人會捐食物給他，他再把食物給有需要的人。

Isaac has a page on Facebook so people can learn about what he does.

They can contact Isaac through his Facebook page, and send him food, or money, so he can help more people eat well this winter.

Isaac 有一個粉絲專頁，大家可以看到他做的事，也可以連絡他，捐錢或是食物。

It's great that there are so many kind people in the world.

What about you guys?

Is there a way you can be kinder to others?

I'm sure there is.

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## Vocabulary

這個十一歲的男孩，在社群團體上募捐食物，送給需要的人。

1. food 食物。

I'm starting a food bank. 我要成立一家食物銀行。

Why? The supermarket is right next door. 為什麼？超市就在隔壁。

No, the food bank is not for me. 不，食物銀行不是為了我。

It's for people in need. 是為了有需要的人。

2. worry 擔心。

Why do you worry about them? 你怎麼會擔心他們？

I've been hungry before. 我自己挨餓過。

3. donate 捐贈。

Okay, I'll donate my instant noodles. 好吧，我可以捐泡麵。

Thank you, but I'll take donated food through my Facebook.

謝謝你，不過我要從臉書接受捐贈的食物。

4. contact 聯絡。

So should I contact you on Facebook? 所以我應該聯絡你的臉書？

Yes, please. 對，拜託你。

These are very useful words.

food 食物

worry 擔心

donate 捐贈

contact 聯絡

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## Quiz

1. What is true about Isaac?

A: He gives food to poor people.

B: He works at a bank.

C: His family is very poor.

2. Where does Isaac get the food?

A: Other people give it to him.

B: His parents give it to him.

C: He buys it from a supermarket.

3. According to the story, how do people contact Isaac?

A: By calling him on the phone

B: By using Facebook

C: By talking to his parents

## 11/15 Tuesday (12/6) Dogs Can Smell Stress

Today, I want to talk about dogs. Dogs can smell really well. They can smell at least 10,000 times better than people! 狗狗的嗅覺比人類好一千倍！

Dogs can smell lots of things that humans can't. There are dogs at airports. They use their noses to smell things that people shouldn't be carrying onto airplanes, which helps to keep everyone safe.

機場就會有狗狗去聞聞看，有沒有人帶違法的東西上飛機。

There is a new study by a university in the UK. It says dogs can also smell when people feel stress.

現在一個英國的大學說，狗狗可以聞到人類的壓力！

In the study, there were 36 people and four dogs. The people did a stressful activity. These people had to count backwards. They had to count backwards from 9,000. Wow, that's hard!

有 36 個人跟 4 隻狗參加這個研究。這些人要做一件壓力很大的事情，他們要從九千倒數回去。

The dogs smelled the people's breath and sweat before the people counted backwards. Then they also smelled the people's breath after they had counted, so the scientists could test the dog's noses.

狗狗在人們數數的前後都去聞他們的呼吸跟汗味。然後科學家會去檢查狗狗的鼻子。

And guess what? The dogs could smell the stress! They knew from their breath and sweat who was stressed and who was not!

結果他們發現，狗狗可以透過聞呼吸跟汗味，知道誰有壓力誰沒有！

Wow! Dogs are really great!

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### Vocabulary

狗狗的鼻子遠比人類靈敏，可以幫我們做很多事。

#### 1. smell 聞

Hey, your dog can smell the dumplings in my bag!

你的狗狗可以聞到我袋子裡的包子。

Of course he can. 當然可以。

He can smell everything in your bag. 他可以聞到你袋子裡所有東西。

#### 2. nose 鼻子

I wish human noses were that good. 我希望人類的鼻子也那麼棒。

I think my nose is good enough. 我覺得我的鼻子夠好了。

#### 3. stress 壓力

I'm so stressed out! 我壓力好大！

My boss wants to read my report tomorrow. 我的老闆明天就要看我的報告。

That really sounds stressful. 聽起來真的很有壓力。

#### 4. at least 至少

I've written 3 pages. 我寫了三頁了。

How many pages do you need? 你需要幾頁？

At least 30. 至少三十頁。

Oh no! 糟糕了!

這些字很常用。

smell 聞

nose 鼻子

stress 壓力

at least 至少

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### Quiz

1. What did the dogs smell in the test?

A: People's blood

B: People's sweat

C: People's feet

2. How did the people become stressed?

A: They counted backwards

B: They ran very fast

C: They got bitten by a dog

3. What did the experiment show?

A: Dogs feel stress like people do

B: Dogs like people who don't feel stress

C: Dogs can smell stress

**11/16 Wednesday (12/7)**  
**First Native American in Space**

Today, we are congratulating Nicole Mann, the first Native American to go to space!

恭喜 Nicole 成為第一個去外太空的美國原住民！

"Native Americans" are the first people who ever lived in North America.

We have native people here in Taiwan too! In English, they are called "indigenous".

In Chinese, they are called "Yuan Zhu Min."

A long time ago, there were many, many indigenous people here, but today, only about 2% of Taiwan's people are indigenous.

台灣以前很多原住民，但現在剩下 2% 的人口了。

And you know, that's the same as America!

美國現在也是這樣。

America had many, many indigenous people before too, but today, only about 2% of Americans are Native Americans.

他們以前也有很多、很多原住民，但現在大約只有 2% 的人口是美國原住民。

And now, a Native American has gone into space!

現在，一位美國原住民去了外太空。

Her name is Nicole. Nicole is the commander of the spaceship! She's the boss!

她叫 Nicole，是這一艘太空船的指揮官！

It's really great, because it helps other Native Americans know that, one day, they might be able to go into space too!

這件事情讓其他的原住民知道，有一天他們也會有機會去外太空！

Maybe an indigenous Taiwanese person will also go into space one day! That would be cool, right?

Good luck Nicole! The first Native American in space!

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### Vocabulary

這位女性原住民太空人，現在住在國際太空站裡面，要住到明年三月。

#### 1. space 太空

Living in space must be a lot of fun. 住在太空中一定很好玩。

You can watch Earth from up there. 你可以從上面觀看地球。

#### 2. spaceship 太空船

I don't want to live there. 我不想住在那裡。

But I'd like to travel around in a spaceship. 但是我想搭太空船旅行。

#### 3. native 本地的，土生土長的

Listen! It's so beautiful! 你聽，好美的歌聲！

Yeah, they are native Taiwanese children. 對啊，他們是原住民小孩。

They're wonderful singers, aren't they? 他們是很棒的歌手，不是嗎？

4. people 人們

Why do native Taiwanese people sing so well? 為什麼台灣原住民都唱得那麼好？

I can sing, too. 我也會唱。

Would you like to hear it? 你想聽嗎？

你想去太空嗎？

space 太空

spaceship 太空船

native 本地的

people 人們

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## Quiz

1. Who are Native Americans?

A: The first people to live in space

B: The first people to live in Taiwan

C: The first people to live in North America

2. What do we call Native Taiwanese people?

A: Indigestion

B: Indigenous

C: Indecision

3. What is Nicole's job on the spaceship?

A: The boss

B: The doctor

C: The cook



**11/17 Thursday (12/8)**  
**Mexico's First Cross-County Hiking Trail**

I love walking in the fresh open air. One day I want to go hiking in Mexico!  
Last month, Mexico opened their first cross-county hiking trail.  
有一天，我想要去墨西哥，因為上個月，他們開放了第一條越野步道。

The trail has many things to see. It starts in Merida. That's a hot city. The walk goes on for more than one hundred kilometers!  
步道的起點在梅里達，全程要走超過一百多公里！

The trail then goes into the jungle. The forest there is wet, and there are huge plants all around. They have some beautiful birds. I've heard they have toucan birds! Their faces are red, yellow, and green. So colorful!

從步道進入叢林以後，裡面濕搭搭，還有很多大型植物跟鳥兒。我聽說還可以看到多彩的大嘴鳥！

The trail goes past many small towns, where local people live. These people are called the Mayan people.

這條步道經過許多小村莊，村民是馬雅人。

They welcome the new trail, because it brings tourists like me! Not just hikers, but cyclists too!

村民很喜歡這個步道，因為它帶來很多健行的旅客，以及騎腳踏車的人！

They also have restaurants to serve their traditional food. Mmmm! I bet it tastes good!

村裡還有賣傳統美食的餐廳。

Mexico's new hiking trail takes five days to finish, so I'll need to train hard!

因為全程走完要花五天，所以我要認真練習了！

That's a long hike!

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### Vocabulary

墨西哥這條步道有夠長，還有豐富的景觀。

#### 1. hike 走步道，健行

Let's go hiking this weekend. 我們這周末去走步道吧。

Hiking? Where do you have in mind? 走步道？你想去哪裡？

Yangmingshan. There's a great hiking trail along the Bailaka Road.

陽明山。巴拉卡公路旁邊有一條很棒的步道。

#### 2. fresh 新鮮的

But I'm really tired this week. 但是我這星期真的好累。

Well, think about the fresh air, flowers, trees and birds...

想想看，新鮮空氣，花草樹木和鳥兒...

#### 3. pass 經過

Will we pass good restaurants? 我們會經過好的餐館嗎？

No, but we will pass many when we come down from Yangmingshan.

不會，不過下山時會經過很多。

4. tourist 遊客

We're such tourists! 我們真是遊客心態!

Sure, we want to have a good time. 當然，我們想要玩得開心。

你喜歡走步道嗎？

hike 走步道，健行

fresh 新鮮的

pass 經過

tourist 遊客

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## Quiz

1. What animals can you see in the jungle?

A: Black bears

B: Toucan birds

C: African elephants

2. What people live along the trail?

A: French people

B: Korean people

C: Mayan people

3. How many days does the trail take to finish?

A: One day

B: Three days

C: Five days

## 11/18 Thursday (12/9) Lettuce Grown Right in Supermarket

I love fresh vegetables. Especially lettuce, it's so crunchy and green.  
我喜歡新鮮蔬菜，尤其是萵苣。

Fresh lettuce is best. We all want newly picked lettuce.  
新鮮的萵苣最棒了。

That means the lettuce farm should be close to the market. In fact, the freshest lettuce is the kind you pick with your own hands.  
所以萵苣農場最好要靠近超市。如果能親手摘就更新鮮了。

So what if the lettuce grew right inside the supermarket? That's what one supermarket in Egypt is doing.

They plant lettuce in a fridge and use a special light to make it grow.  
在埃及，有一家超市在店裡面種萵苣！萵苣在冰箱裡面，用特殊的燈照它們，讓它們成長。

When people go shopping, they can pick the lettuce themselves. "Ooo! So fresh!"  
客人可以買自己摘的菜。

But won't growing vegetables in the store be dirty? Actually, the supermarket doesn't use any dirt to grow this lettuce. They plant it directly in the water. That's called "hydroponics".  
但是在超市種菜不會髒嗎？其實他們不用泥土，他們直接把萵苣種在水裡。這叫做水耕。

The water is very healthy, and the plants like it. What's more, this way can save lots of water. Hydroponics uses 90% less water.  
而且水耕用到的水減少了百分之九十。

Next time you go to the store, you might be able to pick fresh lettuce by yourself.

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### Vocabulary

在超市裡採摘蔬菜帶回家，沒有比這更新鮮的了。

#### 1. sandwich 三明治

What would you like for lunch? 你中飯想吃什麼？

I'm not hungry. I'll just have a salad. 我不餓，就吃個沙拉。

Then I'll get a sandwich. 那我買個三明治。

#### 2. vegetable 蔬菜

Let's buy our food here. 我們在這裡買食物吧。

They use very fresh vegetables in their salad. 他們的沙拉用很新鮮的蔬菜。

You're right. The veggies look so green and clean!

你說對了，這些菜看起來又綠又乾淨！

#### 3. grow 種植

I think this store grows its lettuce in water. 我想這家店用水種生菜。

What a good idea! 真是個好主意！

#### 4. dirt 泥土

I still grow my tomatoes in dirt. 我仍然在泥土裡種番茄。

It's okay. Your tomatoes taste wonderful! 那沒關係。你種的番茄很好吃。

來讀讀單字吧。

sandwich 三明治

vegetable 蔬菜

grow 種植

dirt 泥土

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#### Quiz

1. Where does this supermarket get their lettuce?

A: It grows in a garden.

B: It grows on a farm.

C: It grows inside the supermarket.

2. What is it called when plants grow with no soil, only water?

A: Hydroponics

B: Supersonic

C: Electronic

3. What is good about hydroponics?

A: It can make light.

B: It can save water.

C: It's more dirty.